

# Dr. Forrester's Book Recommendations

Unfolding the Tent: Advocating for Your One-of-a-Kind Child (2005)  
by Anne Addison

Russell is Extra Special: A Book About Autism for Children (1992)  
by Charles A. Amenta III, M.D.

Easy to Love, Difficult to Discipline: The 7 Basic Skills for Turning Conflict into Cooperation (2001)  
by Becky A. Bailey

Taking Charge of ADHD: The Complete, Authoritative Guide for Parents  
by Russell Barkley (2013)

Touchpoints The Essential Reference: Your Child's Emotional And Behavioral Development (1992)  
by T. Berry Brazelton

10 Brain-Based Strategies to Help Children Handle Their Emotions: Bridging the Gap Between What Experts Know and What Happens at Home & School (DVD)  
by Tina Payne Bryson, PhD

Freeing Your Child From Anxiety  
by Tamar Chansky, PhD

Floortime Strategies to Promote Development in Children and Teens: A User's Guide to the DIR® Model  
Aug 7, 2014  
by Andrea Davis Ph.D. and Michelle Harwell M.S.

How to Talk So Kids Will Listen & Listen So Kids Will Talk (1999)  
by Adele Faber and Elaine Mazlish

Social Emotional Tools For Life - Paperback  
by Michelle M. Forrester and Kay M. Albrecht

The Magic Years: Understanding and Handling the Problems of Early Childhood (1996)  
by Selma H. Fraiberg

The New Social Story Book: Illustrated Edition  
by Carol Gray

The Essential Partnership: How Parents and Children Can Meet the Emotional Challenges of Infancy (1990)  
by Stanley Greenspan and Nancy Thorndike Greenspan

Building Healthy Minds: The Six Experiences That Create Intelligence and Emotional

Growth in Babies and Young Children (2000)  
by Stanley I. Greenspan and Nancy Lewis

The Challenging Child: Understanding, Raising, and Enjoying the Five "Difficult"  
Types of Children (1996)  
by Stanley I. Greenspan and Jacqueline Salmon

The Child With Special Needs: Encouraging Intellectual and Emotional Growth (A  
Merloyd Lawrence Book)  
Jan 6, 1998  
by Stanley I. Greenspan and Serena Wieder

Engaging Autism: Using the Floortime Approach to Help Children Relate, Communicate,  
and Think (A Merloyd Lawrence Book)  
Feb 10, 2009  
by Stanley I. Greenspan and Serena Wieder

The Challenging Child: Understanding, Raising, and Enjoying the Five "Difficult" Types  
of Children  
Sep 10, 1996  
by Stanley I. Greenspan and Jacqueline Salmon

Building Healthy Minds: The Six Experiences That Create Intelligence And Emotional  
Growth In Babies And Young...  
Oct 1, 2000  
by Stanley I Greenspan and Nancy Lewis

Driven to Distraction: Recognizing and Coping with Attention Deficit Disorder for  
Childhood through Adulthood (1995)  
by Edward Hallowell and John Ratey

Solving Behavior Problems in Autism (1999)  
by Linda Hodgdon

Raising Your Spirited Child: A Guide for Parents Whose Child Is More Intense,  
Sensitive, Perceptive, Persistent, and Energetic (2006)  
by Mary Sheedy Kurcinka

The Emotional Life of the Toddler (1995)  
by Alicia F. Lieberman

1-2-3 Magic: Effective Discipline for Children 2-12 (2004)  
by Thomas W. Phelan Ph.D.

Helping Your Anxious Child: A Step-by-Step Guide for Parents  
by Ronald Rapee, PhD

The Energetic Brain: Understanding and Managing ADHD (2012)  
by Cecil Reynolds

Parenting From the Inside Out (2004)  
by Daniel Siegel and Mary Hartzell

The Whole Brain Child (2012)  
by Daniel Siegel, MD and Tina Payne Bryson, PhD

Mindsight: The New Science of Personal Transformation  
Dec 28, 2010  
by Daniel J. Siegel

The Whole-Brain Child: 12 Revolutionary Strategies to Nurture Your Child's Developing Mind  
Sep 11, 2012  
by Daniel J. Siegel and Tina Payne Bryson

Brainstorm: The Power and Purpose of the Teenage Brain  
Aug 4, 2015  
by Daniel J. Siegel MD

The Developing Mind, Second Edition: How Relationships and the Brain Interact to Shape Who We Are  
Feb 4, 2015  
by Daniel J. Siegel M.D.

No-Drama Discipline: The Whole-Brain Way to Calm the Chaos and Nurture Your Child's Developing Mind  
Sep 23, 2014  
by Daniel J. Siegel and Tina Payne Bryson

Parenting from the Inside Out 10th Anniversary edition: How a Deeper Self Understanding Can Help You Raise Children...  
Dec 26, 2013  
by Daniel J. Siegel MD and Mary Hartzell

Born For Love (2011)  
by Maia Szalavitz and Bruce Perry MD, PhD

Visual/Spatial Portals to Thinking, Feeling and Movement: Advancing Competencies and Emotional Development in Children with Learning and Autism Spectrum Disorders  
Dec 23, 2012  
by Serena Wieder Ph.D. and Harry Wachs O.D.

A Practical Guide to Autism: What Every Parent, Family Member, and Teacher Needs to Know (2009)  
by Fred R. Volkmar and Lisa A. Wiesner

The Autistic Spectrum: A Parent's Guide to Understanding and Helping Your Child (2001)  
by Lorna Wing